

**BRACKNELL AND WOKINGHAM
SWIMMING CLUB**
Affiliated to ASA South East Region



THE BRACKNELL LEVEL 3 OPEN MEET 2010

10th April 2010
Long Course at
Garrison Pool, Aldershot

Licensed – Level 3 – (*License # t.b.c.*)

ENTRY FORM AND INFORMATION PACK

Entries accepted on a first come, first served basis

Promoter:

Bracknell & Wokingham SC

Entries secretary:

Mail: Vicki Richardson, 51 Beaufort Gardens, Ascot, Berkshire, SL5 8PG

Telephone: Siobhan Kirkpatrick, 01344 774635

Email: L3meet@bwsc.org.uk

PROMOTER'S CONDITIONS AND GENERAL INFORMATION

Qualifying and Upper Limit Times

In accordance with the ASA guidelines for licensed meets, swimmers must have achieved a "Qualifying Time" to enter all events. Also, as the meet is a Level 3 meet, there are Upper Limit Times and swimmers may not enter times faster than the Upper Limit Time. The Qualifying and Upper Limit Times are attached and are all short course times. Please note that the Qualifying Times shown are consideration times and it may be necessary to reject entries from swimmers that have achieved Qualifying Times to keep the meet running time within the limits imposed by the ASA. Please note however that we have designed our programme of events to ensure we can accept as many swimmers as possible.

If it is necessary to restrict the number of entries, this will be done by accepting those entries received earliest until the event is full (i.e. a first come first served basis).

Entry procedure

Entries must be on the Official Entry Form enclosed with these conditions. All entries **must** be made in an electronic format. In this respect, please read these instructions for electronic entry and download the data file. Both are available on the BWSC web site: www.bwsc.org.uk. Any queries in connection with electronic entries should be emailed to L3meet@bwsc.org.uk. Any club entering more than 5 swimmers on a series of manual forms, will only have their entries processed on receipt of a £15.00 administration charge.

All times shown on the entry forms must be achieved short course times (either actual or converted long course times). The promoter reserves the right to seek confirmation of submitted times.

Entry forms will be accepted on a first come first served basis but must be returned **by Friday 12th March 2010** to the Entries Secretary (see cover page for address). Please enclose an A5 sized **stamped addressed envelope** for return of entry details.

Individual entry fees of £5.00 per event must be enclosed. Remittance by cheque or postal order made payable to **'BWSC Open Meet'** please. We would prefer payment to be made on a club basis. No entries will be accepted without the appropriate fees.

All entry forms must be signed by a Club Representative who, by their signature, confirms that.

- all entrants are Registered swimmers with their ASA numbers as recorded on the entry forms,
 - the swimmers have all read and understood the Promoter's Conditions and accept them,
 - all entrants are Club members and the swimmers wish to swim in the name of that Club,
 - the dates of birth declared and entry times have been checked and found to be correct,
 - all entrants' details, i.e. Name, Date of Birth and Club are the same as is recorded on their ASA Registration.
- This is necessary to facilitate the compilation of National Rankings,

BRACKNELL & WOKINGHAM SWIMMING CLUB BRACKNELL L3 OPEN MEET 2010

The Club Representative must give a telephone contact on the entry form (and preferably an email address) so that Bracknell & Wokingham Swimming Club may make enquiries about entries if necessary.

Entries for this meet will be held on a computer and consent, as required by the Data Protection Act, to the holding of personal information on computer will be deemed to have been given by the submission of the entry. Personal data will be available for inspection during the Meet on advance application to the Promoter.

Entries will be confirmed as soon as possible after the closing date. Where it has been necessary to restrict entries a refund (payable to the club) will be sent at this time for any unaccepted entries received before the closing date. No refunds will be made for entries withdrawn after the meet has been closed to new entrants. The meet may be closed to new entrants prior to the published closing date if the meet is filled before the published date.

Coach passes

Each Club is entitled to a **maximum of 2 Coach Passes**. Coach passes are available at £7.50 each and cover admission to poolside and a programme for the session, plus a full set of results (sent by email). These passes **do not include any meals**. Clubs entering more than 5 swimmers are required to purchase a coaches pass.

Meet officials

Would you please indicate on the entry form in the space provided if your Club would be willing to provide any Officials/Time Keepers for this meet.

ASA law

The meet will be held under ASA Laws & ASA Technical Rules of Racing. No jury of appeal will be appointed.

Over the top starts will be used wherever possible. Swimmers must remain in their lane after finishing their race until the next race has started, or instructed to leave the pool by the referee. Swimmers should leave the pool promptly by the sides, so as not to interfere with the timing equipment.

Awards

All events are Heat Declared Winner (HDW). Heats will be seeded from submitted entry times with slowest swimmers first. The final heat will be spearheaded. Awards will be made to the fastest three swimmers in each age group.

Programme of events

The programme of events for the meet is attached. All age groups will be swum together, and the Age Groups for awards are:

Girls and Boys: 10 and under, 11 years, 12 years, 13 years, 14 years, 15 years & over.

All events are available for all age groups. Ages are at 10th April 2010.

Please note competitors in the 10 & under age group must be at least 9 years old on 10th April 2010.

The Promoter reserves the right to amend the Programme of Events to ensure the smooth running of the Meet.

Other conditions

Competitors in the first event of each session must report to the Stewards 10 minutes before the scheduled start time. Competitors in other events must report to the Stewards one clear event before the event in which they are swimming.

Registration for competitors will be situated in the entrance foyer and will be closed at the times stated. Only competitors intending to swim should register. If a competitor does register and notice of withdrawal is not given to the Competitors' Helpdesk, that competitor will be deemed to have retired from all other events at the Meet.

Any dispute related to a matter not covered in these conditions shall be determined by the Promoter.

Recognition of times

This Meet has been licensed at Level 3 by the ASA. Times recorded at the meet will be accepted for entry into District and Regional Competitions and Championships, and will be sent to the ASA for inclusion in the National Rankings.

Warm-up facilities

The pool will be available for warm-up before the start of the session; see the summary programme for warm up timings.

Spectators

The viewing area provides ample room for spectators and as usual an entry fee will be applicable, plus meet programmes will be available to purchase.

Accommodation

A list of accommodation addresses in the local area may be obtained from the promoter if required.

SUMMARY PROGRAMME OF EVENTS

Saturday 10th April 2010

Session 1 Warm-up: 2.00pm, Start: 2.45pm, Registration: 2.00pm

Event

1	Girls	100m Freestyle
2	Boys	100m Freestyle
3	Girls	100m Breaststroke
4	Boys	100m Breaststroke
5	Girls	100m Backstroke
6	Boys	100m Backstroke
7	Girls	100m Butterfly
8	Boys	100m Butterfly
9	Girls	200m Freestyle
10	Boys	200m Freestyle

Break : 15 Minutes

11	Girls	50m Butterfly
12	Boys	50m Butterfly
13	Girls	50m Backstroke
14	Boys	50m Backstroke
15	Girls	50m Breaststroke
16	Boys	50m Breaststroke
17	Girls	50m Freestyle
18	Boys	50m Freestyle

* Please note times are tentative and will be confirmed once all of the entries for the meet have been processed.
Full details will be sent with confirmation of entries.

BRACKNELL LEVEL 3 OPEN MEET APRIL 2010 – ENTRY FORM

Please complete in BLOCK CAPITALS

CLUB:

Entries of over 6 swimmers must be made on disc.
Discs available from entries secretary (details below).

Entry times (**Short course - 25m pool**)

Full Name	DOB	M/F	ASA Number	50m Free	100m Free	200m Free	50m Back	100m Back	50m Breast	100m Breast	50m Fly	100m fly

Contact name

Address

Tel No

Email

Entry Fees.

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..... events on disk @£5.00 per event £

..... coaches passes @£7.50 (max 2 per club) £

..... admin fee for non-electronic entries @£15.00 £_____

Total £_____

I confirm that all the information and entry times are correct and that all competitors are eligible and accept the promoter’s conditions.

Cheques payable to “BWSC Open Meet” Please enclose a SAE.

CLOSING DATE - 12th March 2010

.....(Signature
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Officials: If your club can provide officials, please include contact name details below:

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Entries to:
Mail: Vicki Richardson, 51 Beaufort Gardens, Ascot, Berkshire, SL5 8PG
Telephone: Siobhan Kirkpatrick, 01344 774635
Email: L3meet@bwsc.org.uk

Bracknell and Wokingham Swimming Club - Level 3 Open meet April 2010**Qualifying and upper limit times** (all times are short course i.e. in a 25m pool)

BOYS								
<u>Event</u>	<u>Event</u>		<u>10/u</u>	<u>11</u>	<u>12</u>	<u>13</u>	<u>14</u>	<u>15+</u>
2	100m Freestyle	Upper time	1:14.91	1:10.54	1:06.24	1:02.69	1:00.07	58.36
	100m Freestyle	Qualifying time	1:46.88	1:37.66	1:30.79	1:23.55	1:16.99	1:12.42
4	100m Breaststroke	Upper time	1:38.11	1:30.98	1:25.13	1:19.66	1:16.09	1:13.25
	100m Breaststroke	Qualifying time	2:18.03	2:04.96	1:55.64	1:45.63	1:37.13	1:30.79
6	100m Backstroke	Upper time	1:25.97	1:19.58	1:14.97	1:10.61	1:07.21	1:04.72
	100m Backstroke	Qualifying time	2:01.02	1:49.07	1:41.61	1:33.25	1:25.53	1:20.08
8	100m Butterfly	Upper time	1:27.22	1:19.65	1:14.50	1:10.01	1:06.52	1:03.92
	100m Butterfly	Qualifying time	2:02.08	1:49.13	1:41.06	1:32.45	1:24.75	1:19.15
10	200m Freestyle	Upper time	2:41.74	2:32.76	2:23.92	2:16.45	2:10.72	2:06.94
	200m Freestyle	Qualifying time	3:52.36	3:32.70	3:17.95	3:02.39	2:47.87	2:38.02
12	50m Butterfly	Upper time	38.43	36.05	34.19	32.24	30.74	29.44
	50m Butterfly	Qualifying time	54.17	49.4	46.19	42.46	39.02	36.35
14	50m Backstroke	Upper time	39.56	37.46	35.52	33.37	32.13	30.77
	50m Backstroke	Qualifying time	55.76	51.15	47.88	43.86	40.65	37.87
16	50m Breaststroke	Upper time	45.01	42.28	39.7	37.16	35.52	34.15
	50m Breaststroke	Qualifying time	1:03.40	57.91	53.71	49.08	45.18	42.19
18	50m Freestyle	Upper time	34.29	32.63	30.77	29.29	28.02	27
	50m Freestyle	Qualifying time	48.93	44.96	41.93	38.73	35.67	33.41

GIRLS								
<u>Event</u>	<u>Event</u>		<u>10/u</u>	<u>11</u>	<u>12</u>	<u>13</u>	<u>14</u>	<u>15+</u>
1	100m Freestyle	Upper time	1:16.52	1:11.32	1:07.53	1:05.50	1:04.05	1:03.23
	100m Freestyle	Qualifying time	1:46.25	1:36.70	1:29.64	1:24.25	1:20.44	1:18.22
3	100m Breaststroke	Upper time	1:38.79	1:31.05	1:26.04	1:22.41	1:19.71	1:18.82
	100m Breaststroke	Qualifying time	2:15.80	2:02.68	1:53.44	1:45.65	1:40.03	1:37.42
5	100m Backstroke	Upper time	1:26.27	1:19.95	1:15.36	1:12.66	1:11.06	1:09.76
	100m Backstroke	Qualifying time	1:59.06	1:47.88	1:39.64	1:33.24	1:29.02	1:26.19
7	100m Butterfly	Upper time	1:27.25	1:20.05	1:15.17	1:12.62	1:10.44	1:09.67
	100m Butterfly	Qualifying time	1:59.22	1:47.55	1:38.97	1:32.84	1:28.04	1:25.74
9	200m Freestyle	Upper time	2:42.76	2:33.49	2:25.22	2:20.52	2:17.81	2:15.69
	200m Freestyle	Qualifying time	3:47.61	3:28.68	3:13.27	3:01.35	2:53.36	2:48.22
11	50m Butterfly	Upper time	38.47	36.46	34.61	33.42	32.57	31.92
	50m Butterfly	Qualifying time	53.03	48.89	45.41	42.55	40.54	39.21
13	50m Backstroke	Upper time	39.7	37.58	35.81	34.59	33.76	33.33
	50m Backstroke	Qualifying time	55	50.58	47.12	44.19	42.11	41
15	50m Breaststroke	Upper time	45.32	42.5	40.15	38.63	37.67	36.94
	50m Breaststroke	Qualifying time	1:02.42	57.12	52.83	49.43	47.02	45.53
17	50m Freestyle	Upper time	34.81	33.16	31.6	30.61	29.97	29.44
	50m Freestyle	Qualifying time	48.37	44.75	41.66	39.14	37.43	36.26